

Your **PARI SINUS2**

can do even more

By adding a PARI LC SPRINT® nebuliser, you can also use your PARI SINUS2 to treat the lower airways



Further information can be found on our website
www.pari.com

At a glance



PARI SINUS2
with PARI LC SPRINT® SINUS nebuliser

Item No.: 128G1004



PARI LC SPRINT SINUS2 Year Pack
PARI LC SPRINT® SINUS nebuliser,
PARI SINUS2 tubing system and
compressor air filter

Item No.: 023G3811



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12800028-B-2020-01-UK



PARI SINUS2

Targeted Sinus Therapy

For the precise, effective and
gentle treatment of sinusitis

Tips for use and hygiene



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Usage Tips

Do not carry out a treatment session if your nose is blocked.

If you have a cold, a nasal douche may help.

1. Wash your hands thoroughly before every nebuliser session.



2. Insert the orange nozzle attachment as far as it will go into the nebuliser lower section, applying gentle pressure. Screw on the upper section of the nebuliser.



3. Connect the bend and the nasal joining piece to the nebuliser chamber



4. Add the inhalation solution and close the cap.



5. Attach one end of the 1st tube to the vibration connection on the top of the nebuliser chamber and the other end to the appropriate socket on the compressor. With the second tube, connect one end to the bottom of the nebuliser chamber and the other one to the second socket on the compressor.



User video available here:

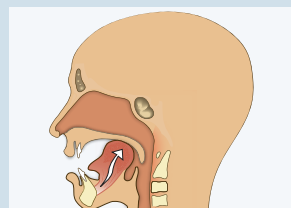


6. Sit in an upright and relaxed position. Close off one nostril with the nose plug and position the nebuliser just inside the other nostril. Now turn the compressor on.



Very important:

Make sure your soft palate is closed! One way of doing this is to repeatedly say "ing" for as long as possible. Each time you do so your soft palate is closed automatically.



How to check if your soft palate is closed?

You can check if your soft palate is closed correctly, as your nostrils will slightly vibrate (check by feeling your nostrils with your finger).

7. After completing half the treatment (2 – 3 minutes), change nostrils and continue as described in step 6.

8. When your treatment session is complete, switch the compressor off and disconnect the tubes from the nebuliser chamber. Switch the device on again to dry the tubes out.



If you feel an unpleasant sensation of pressure whilst inhaling, there is a way to reduce it:

Turn the nose plug inside out and cut off a small piece of the tip with a pair of scissors. Then turn the plug inwards again.

Hygiene Tips

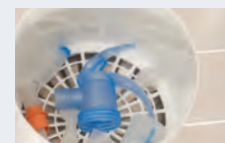
1. Disconnect the tubes from the nebuliser. Disassemble the nebuliser into its individual components: nasal joining piece, bend, nebuliser upper section and nebuliser lower section, also the orange nozzle attachment and vibration connection.



2. Clean all parts except the tubes carefully in warm, running water and with a little dishwashing liquid. Rinse all of the individual components thoroughly with clean water.



3. The PARI SINUS2 nebuliser can be disinfected in a standard commercial steam disinfectant.



Alternatively, place all the parts in boiling water for at least 5 minutes. Make sure that all parts are completely immersed in the water.



4. Allow the individual components to dry at room temperature before use.



5. When they are completely dry, store the parts in a dry, dust-free place.



The **air filter, nebuliser and connection tubing** should be replaced every year. These components are included in the PARI SINUS2 Year Pack, which you can purchase from PARI. If any parts get too dirty to be cleaned properly, or if they become damaged, they must be replaced.

Quick Reference Guide
For more details, please read and follow the Instructions for Use.